

New Haven Register, New Haven, CT (1999)

“Let's just say I wasn't expecting a national-quality local recording at the beginning of January....the 'true' half of the title couldn't be any truer, both in sound and content.

“Above all, it's an honest album. Like many of her musical heroes- Lucinda Williams, Rosanne Cash, Mary-Chapin Carpenter.... Menta can't sing a song she doesn't believe in.”

“The album is sweet and upbeat and sad and nostalgic without milking any of the above emotions the way Hollywood does.

Deserves a listen at least on a roots/Americana format.”

--- Fran Fried